



Annual Report  
2019-2020



Working together.



**Nova House** is an emergency and transitional shelter for women\* and children experiencing domestic and/or family violence. Offering 24-hour, 7-day a week intake and accommodation to help support and empower women to live free from abuse. We strive to promote expression of feeling, build self-esteem and confidence, encourage and teach empowerment by providing individual counselling, educational and support groups as well as workshops.

*\*Although our website and literature speaks to and focuses on "women and children," Nova House strives to include individuals of all genders. For those seeking support and shelter who do not identify as women, we do offer off-site accommodations.*

## **Our Mission**

To provide women and children in the Interlake and North Eastman region with facilities, programs and a continuum of service to protect and empower them against all forms of domestic violence. To create an awareness through public education of the abuse of women in our society.

## **Goals & Objectives**

1. To promote awareness that violence does exist in families, and that abuse (physical, emotional, psychological, sexual and financial) is a crime.
2. To develop and provide a full range of support services in the hope of intervening in the cycle of violence within the family.
3. To provide help and support through community resources to family members involved in domestic/family violence.
4. To implement voluntary programs and services, free of charge, designed to meet the needs of people regardless of age, race, faith, socio-economic status, physical or mental capabilities, or sexual orientation.

**24-HOUR TOLL FREE CRISIS LINE**  
**1-877-977-0007**

**LOCAL CRISIS LINE**  
**204-482-1200**

**TEXTING LINE**  
**204-805-NOVA (6682)**



**novahouse.ca**

**@novahousemb**



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# *A Message from the Executive Director and Board Chair*

In line with our Mission Statement and Goals, Nova House continues to excel at providing women and children in the Interlake & North Eastman Region of Manitoba with shelter and a continuum of comprehensive services. Although 2019-2020 came with some hardships we also had some great successes. Along with the Board of Directors we see extreme value in encouraging and supporting our staff; we believe that investing in staff provides a safer and more caring environment. Our staff must have fortitude to guide each other and the those who rely on us to provide prompt and caring service. We strive to create an environment that grows and develops in ways that help to enrich the lives of those we serve and those who are working the front lines to make it all happen.

Throughout the last fiscal year we began looking at what was happening in our own environment and the community. Both presented some inevitable need for change as we were seeing far more complex issues facing the individuals who call our crisis lines looking for help. Without a doubt this meant that some of our policies and procedures had to change in order to help and provide the support needed.

As with any change we faced resistance and lost some team members throughout the process. With loss came some great strength as new staff joined our team. As we moved into this fiscal year and continued to evaluate and make changes we started to grow and develop more than we could have imagined. In times of challenge we can be certain that the strength of our new team will endure.

In July we faced our first big challenge when our sump pump failed during a big rain storm. This resulted in most of our lower level being flooded to such a degree it had to be completely gutted and re-finished. This meant we lost half of our shelter beds for our emergency/residential services and our designated childcare space. Throughout the next five months the lower level began its transformation and while our emergency shelter rooms were restored back to their beauty, our childcare space was reformed into a great new area that promoted fun and excitement for the women and children staying with us. This was a great complement to the already finished classroom that thankfully was unharmed during the flood.

Our new classroom, built in June and July 2019, was generously made possible by an anonymous donor and has given us so many opportunities to facilitate the full comprehensive programming that we have been working so hard to build. With a focus on providing a full and all encompassing program we expanded to more complex trauma informed instruction, training and help around education and employment, art therapy and empowerment workshops, parenting classes, after school programs, life skills and so much more. The classroom has served as such a great space to provide opportunities to the women and children that need it most, but unbeknownst to us, it was an even better gift to have once our biggest challenge came our way.

*empowered women*

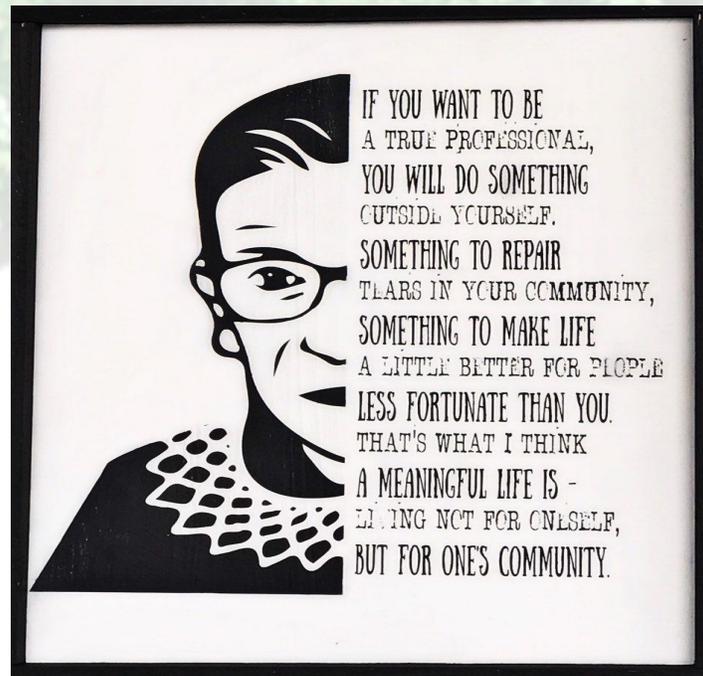
*empower women*

COVID-19 was an unprecedented challenge that came to us in March 2020. As everyone was impacted by this virus and a State of Emergency was declared in our Province, and around the world, we quickly had to navigate through all of the obstacles it brought our way. Our initial priority with the challenges brought on by COVID-19 was to focus on the health and wellbeing of our staff. Without them we wouldn't be able to keep our doors open. We are so proud to say that we pulled together quickly creating new structures and policies that will continue to keep staff and their families safe. We never had to close our doors to the shelter and we continue to offer, albeit different, services and support that help to strengthen our team and our methods.

Following all public health recommendations we continued to change and modify our systems and processes as was needed in order to keep everyone safe. Moving through the pandemic we knew that our shelter must be prepared for anything so that when a family's home is no longer safe, they would have a safe place to go. As we write this report circumstances around COVID continue to change. We don't know what is ahead, or what the "new normal" will be, but one thing we know and that we are confident of is the team at Nova House, our Board of Directors and our volunteers will have no problem handling whatever comes along.

We would be amiss without taking some time to personally thank each other and the entire board of directors. We are always eternally grateful to all of the volunteers that come out to help us with some day-to-day operational needs as well as our private and community events. Our funders and donors allow us the opportunities to create everything you will read about in this report. And lastly, our biggest applause must go out to our front line staff; we are blessed to have some of the best essential workers around. They have faced challenges and continue to overcome so many obstacles. They showed up, they helped out, they went and continue to go above and beyond. **WE ARE SO GRATEFUL TO YOU ALL!**

*Viktoria Westgate and Deb Jenkins*



**THIS REPORT IS DEDICATED TO THE WORK OF  
RUTH BADER GINSBURG  
1933 - 2020**

*May we all strive to make such an impact on the world.*

# Overview of Services

**CRISIS SUPPORT** offers immediate support to anyone who is struggling with the issues around domestic and/or family violence. Our crisis support line is available 24/7/365 and offers free confidential support to anyone experiencing domestic and/or family violence, seeking information or resources, or questioning unhealthy aspects of their relationship. Our toll free number is shared provincially and connects callers to the domestic violence shelter closest to them.

2,344  
Crisis Calls

**OUR RESIDENTIAL PROGRAM** offers safe and secure short-term accommodation for abused persons and their children who want to leave an abusive environment. We offer full and comprehensive trauma-informed programming that includes daily counselling, support groups, educational workshops that focus on breaking the cycle of abuse and developing healthy life skills as well as guest speakers. We strive to meet individuals where they are at and work with them at a pace that is comfortable for them. Ensuring that we have a solid safety plan in place we provide assistance in accessing community resources and offer activities that promote expression of feeling and the building of self-esteem and healthy relationships. We incorporate parenting and children's programming to assist individuals with the common stressors they face when transitioning into a life free from abuse.

65

WOMEN IN OUR  
RESIDENTIAL PROGRAM

1433

BED NIGHTS

92%

OCCUPANCY

*\*shelter beds were reduced by half for 5 months*

**OUR INTERIM PROGRAM** offers an apartment off site for families to live while being fully supported by our Outreach Program. This space is in partnership with **Manitoba Housing** and allows a safe haven when permanent housing is not yet available and our residential program has been completed.

**OUR RISE PROGRAM** is set up to support women and their children who need some transitional support after their initial crisis and before they are ready for permanent housing. Providing a service-intensive, safe and supportive environment this program allows families to work through their trauma and address the issues that led them to us. Our counselling and support workers help families begin to rebuild their lives, and introduce them to a world free from abuse. In addition to daily support this program provides on-going trauma-informed counselling, educational therapy, life skills, accompaniment to meetings, advocacy, and enhances community connections that promote permanent housing stability.

317

ADULT GROUPS

784

RESIDENTIAL  
COUNSELLING SESSIONS

*Recreating Independence and Supporting Empowerment*<sub>3</sub>

# 53

CHILDREN IN  
SHELTER

# 288

CHILDREN'S & PARENTING  
GROUPS/WORKSHOPS

**OUR PARENT AND CHILD GROUPS** are geared to the needs of each parent and child in the session. This includes helping parents understand and determine developmental stages, respectful and appropriate discipline, nutrition, physical activity needs, emotions, and how and when to reach out for help along the way. Helping to rebuild the parent-child relationship gives women more confidence and strength in their decisions to move forward and start a new and healthy life free from abuse for them and their child(ren).

**CHILDREN AND YOUTH** who have witnessed violence in the home often have feelings of sadness, anger, confusion, and guilt. The purpose of the children and youth programs is to listen and provide support and to help them understand their feelings. We do this by offering a safe and supportive environment for children and youth to play and be heard. We offer age-appropriate groups and fun activities that allow children and youth to express themselves in a healthy way. Our programs, like the Summer Wonder Program, include many basic teachings such as nursery rhymes, counting, learning ABC's and the basics of reading, and healthy and creative play. We include hands on/tactile activities, crafts, and outdoor exploration. Our children and youth programs allow for parents to participate and learn along side their child(ren).

**WHAT CHILDREN  
NEED MOST.....**  
**LOVE** Respect **to PLAY**  
to have fun to be seen  
**TO BE LISTENED TO**  
Your presence A hero  
A fostered sense of wonder  
**LOTS OF HUGS** **To PLAY**  
The chance to make mistakes  
Encouragement to try again  
Room to grow **DREAMS**  
To be told **YES!**  
To be trusted **Affection**  
**GUIDANCE TO PLAY**



# Community Outreach Program

The community need for Nova House to offer outreach services is immeasurable. Our catchment area is vast with communities that spread across the Interlake and North Eastman Regions of Manitoba and many of the communities we serve are remote with no public transportation services. Building on our previous outreach work, in April 2019, Nova House was able to secure specific funding through the ***Reaching Home Initiative of the Federal Government administered by the Brandon Neighbourhood Renewal Corporation*** to create a Community Outreach Program. This program includes comprehensive programming and services for people involved in domestic and/or family violence, many would otherwise be at great risk of ongoing abuse or homelessness.

Our Outreach Program offers individual and family counselling for anyone struggling with, or who may feel at risk of, domestic/family violence. This program offers additional support to help develop life skills, help with employment and education and training, counselling for complex trauma issues and strives to continually encourage self empowerment. We also provide advocacy and assist in connecting individuals to other agencies and resources they may need.

Throughout the year partnerships were built with agencies in our region which enabled us to offer counselling to individuals that are not able to come to Selkirk. Once a family leaves our shelter and moves back into the community the Outreach team will visit with them and continue to provide them the support they need to help keep on track with the goals they have made for themselves.

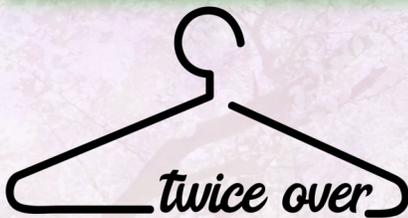
Our outreach services are used to enhance access to support and resources in some of the most rural and remote areas of our region. As we face growing challenges with COVID-19, Nova house has new strategies to ensure these services are still available. Through virtual counselling, online learning, and access via text / social media, our Outreach Program continues to provide support to those who need it, when they need it.

104

INDIVIDUALS RECEIVED  
OUTREACH INTERVENTION

360

NON-RESIDENTIAL & FOLLOW UP  
COUNSELLING SESSIONS



is a non-profit thrift store that is owned and operated by Nova House. With only one paid staff the store relies on the dedication of community volunteers.

Your donation to TWICE OVER makes a huge impact to Nova House. Families often arrive to our shelter with nothing. Starting over is not easy, but the families using the services at Nova House have the opportunity to shop at Twice Over free of charge. Replacing items that these families have lost while fleeing abuse helps to bring back some hope that starting over is manageable. Proceeds from the store also go to help support programming at Nova House.

***We would like to THANK all the volunteers that help us at Twice Over, but this year a special note of gratitude must be given to Val, Darlene, Christine, Cora, and Helen for the countless hours they gave of their time.***

# Community Collaboration

In May 2019 Nova House received grant money from the **Department of Justice Canada** to help bring awareness to **Victims and Survivors of Crime Week**. Hosting a Women's Wellness Day to support the community and celebrate women has become an annual event for Nova House. This year the theme for the event was **COLLABORATION** and with 31 different organizations and businesses taking part that is exactly what we did.

Over 200 women and children attended the event and were able to visit with each organization to learn about what our community resources could help them with. A variety of businesses provided different services such as massage, hair styling, manicures and make-up to encourage the practice of self-care and provide a little extra pampering for the day. Countless community members and business offered all sorts of donations that were available to everyone attending the event. We are so blessed by the generosity of our supporters that make this event such a success.



In the spirit of collaboration we wanted everyone attending the event to work together on a project. We had a large white grid on the wall and asked everyone attending to take a square piece of paper and draw something on it. Each square was then put on the grid and throughout the day we all watched as the empty white paper started to change into a beautiful butterfly.

236

Community members  
enjoyed a special day

31

Organizations helped  
make Women's Day  
a success

*Dare  
to  
Dream*

Dare to Dream is a BURSARY TO SUPPORT Nova House clients to further their education through an endowment fund, stewarded by the **Selkirk & District Community Foundation**.

Active clients involved in Nova House programming who are committed to a violence-free life, and who are pursuing their education may apply for the Dare to Dream bursary. A selection committee reviews all applicants to determine if they meet the criteria. All applicants must be enrolled in school at the time of their application submission. Two bursaries were awarded his year.



# Activities & Events



Shown here are some of our cooking and baking workshops. Families loved learning how to make Banana Bread, Bannock and Perogies



Creativity is  
INVENTING,  
experimenting,  
GROWING,  
taking risks,  
BREAKING RULES,  
making mistakes,  
and having fun.

~ Mary Lou Cook



## The Magic of Christmas

Celebrating the holidays with families that we helped throughout the year is an annual event that Nova House does every December. Staff, volunteers and the board come out to prepare a full turkey dinner with all the trimmings.

We put together an "Elf" room so all the children can put together a gift for their Mom to open on Christmas morning. The highlight of the night is of course the visit from Santa, who comes bearing gifts for each child. Before Santa came this year, we were treated with a special little bit of Magic by Mr. Ken.

**This event is made possible because of the tremendous outpouring of donations and support from our community. We thank you all!**



# Summer Wonder Program

Grant funding from the **Gaynor Family Fund** and **Kirstin's Walk for Kids Fund** administered through the **Selkirk Business and Community Foundation** allowed us to offer a unique summer program for the families staying with us and connected to us through the community outreach program. We explored the outdoors, learned the basics of planting and growing a vegetable garden, planted flowers, painted and then hid rocks and enjoyed places like the Assiniboine Zoo, Children's Museum and the Manitoba Museum and Planetarium. For some families, this was the first time they had an opportunity to visit these great places.



**POWER OF THE PJS**

NOVEMBER IS DOMESTIC VIOLENCE AWARENESS MONTH IN MANITOBA. Each year Manitoba's family violence shelters assist thousands of women and children who are fleeing domestic/family violence. Those in need sometimes arrive at the shelter with just the clothes on their backs. **NOVA HOUSE** is in need of pajama's in all sizes for the women and children using their services. If you would like to participate in **POWER OF THE PJS** please drop off **NEW PAJAMAS** at any of the following locations in Selkirk between November 1 - 30, 2019

**TWICE OVER THRIFT STORE: 214 MANITOBA AVE**  
**PACKERS WOMEN'S FASHION: 409 MAIN STREET**  
**SUNOVA CREDIT UNION: 233 MAIN STREET**  
(socks, towels, and facecloths are also welcome).

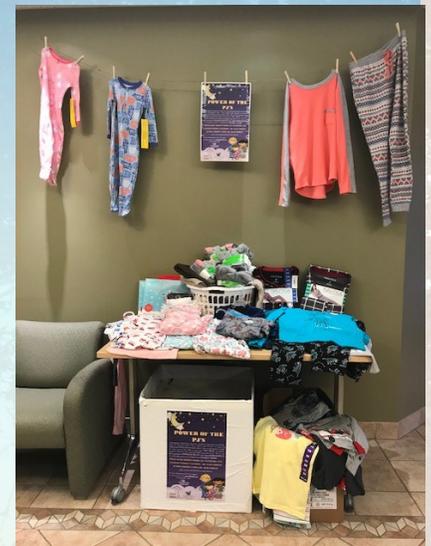
For more information on how to support Nova House please visit [novahouse.ca](http://novahouse.ca) or call 204-482-7882

[@novahousemb](https://www.facebook.com/novahousemb)  
#EndDV2019

Manitoba Association of Women's Shelters Inc.  
maws.mb.ca

## Domestic Violence Awareness

November is Domestic Violence Awareness month in **Manitoba**. To help bring awareness Nova House participated in a **POWER OF THE PJs** campaign to collect needed pajamas for the families staying with us. Thanks to **Twice Over Thrift Store, Packers Women's Fashion, and Sunova Credit Union** for collecting the donations for us. This campaign was a **BIG SUCCESS!**



# Working Together: The Strength of a Team

The ability to provide comprehensive services to the families that rely on us has been made possible because of the strong commitment of our team. The Board of Directors and Management team of Nova House believe building a team that feels valued, appreciated and heard is vital for the work that we do. We may have had a few challenges in front of us but the workplace culture was ready to change. In 2019 a monthly newsletter was written for staff to encourage and shape the growth and development of Nova House and create a workplace culture that was inclusive, strong and kind. Each month a new theme was introduced with topics that included; Growth and Development, Importance of Kindness, Teamwork & Cooperation, Positive Communication, Motivation & Initiative, Empowerment & Positive Thinking, Support & Dependability, Compassion & Understanding, Health & Wellbeing, Self-Care, Strength & Resilience, and Forward Momentum. The premise of these newsletters helped to create a new culture among our staff, along with team-inspired program development. Thank you to the staff in creating a workplace that is as strong as it is bonded. We asked the staff what they thought of the culture at Nova house and of the work they are doing.

## **THIS IS WHAT SOME OF THE STAFF HAD TO SAY:**

**“Being able to provide a safe place for people to come and receive the help they need in order to get back up on their feet. Having a team of people that can connect with the women who come to Nova at different stages and being able to meet them where they are at. It’s great!”**

*Jessica*

**“It is absolutely fantastic to work with a team that has such a diverse set of techniques and abilities. It allows us to work together to provide a great continuum of care. Having the ability to share openly with the team and management is enlightening and very comforting. I feel valued and respected.”**

*Tonya*

**“I believe we are bridging a gap for the families that stay with us. We have always offered shelter and counselling but adding all encompassing programming has created such great opportunities for those we serve. Being able to help create the programming really shows that our input matters, we are forward thinking and building such an empowering space.”**

*Laura*

**“I was a bit apprehensive when changes started happening but then I began to learn about change and what it does for our shelter. On the other side of it now and I feel so much more a part of the team, this connection we have helps all of us in the work we do. I get it now.”**

*Sandy*

**“What I love about Nova House is that it is Women who are helping other Women; pulling each other up. Although our clients may have experienced a lot of trauma, there are moments of excitement because I can see their amazing potential. I know that the programming we have here will give opportunities that some of the women didn’t even know they had.”**

*Lana*

**“The newsletters that came out each month helped grow our team. I understood and was reminded that there is always room for growth and as much as we work to help the families that stay with us, we have to grow too and sometimes be reminded of the care we give ourselves.”**

*Shaylynne*

**“I feel so inspired to be a part of team where an Open Door really means an Open Door. We are all working towards the same goal; to empower each other and the women/families that walk through our doors. I love working here, my opinion matters and being able to implement my ideas—well that’s pretty great.”**

*Jasmine*

**The message throughout the year, in our newsletters, and in collaborating as a team gave us the support we wanted and I know the staff needed. I have been here in different roles for fifteen years, we didn’t have the inspiration or the vision to get to a healthy place. Now we are there. This year gave us the spark that allowed us all to be part of a solution for a better workplace. Our growth has been incredible.”** Lisa

# A New Space to Teach

Creating a space to teach and provide privacy for group work was an important goal for us this year. Funding was granted by an **Anonymous donor** and in the late spring/early summer we were able to create a classroom that we use for both residential and non-residential programs. Our classroom allows us many more opportunities to provide diverse programming.



Local 830  
Unit A1-675 Berry Street  
Winnipeg, MB R3H 1A7



Tel: 204.949.2773  
Fax: 204.949.2774

To my personal heroes, the staff of Nova House.

Never has coming together been more difficult. It has also never been more important. The work being done at Nova House has become incomprehensibly more. More than ever before. More than you ever thought you could handle. More than you ever should have had to handle. More rules, more clients, more cleaning, more stress. No more time.

Overcoming adversity in the workplace is nothing new at Nova House. Its literally what you do. Overcoming adversity in the face of a pandemic is something new and could only be accomplished by an incredible team of people working together for their community. Your teamwork truly does make your community a better place and your workplace could not operate without it.

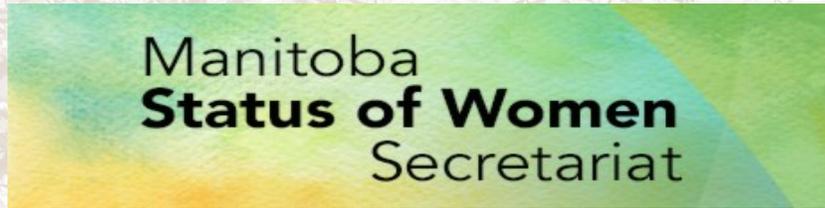
Thank you for picking up that extra shift. Thank you for spending that extra 2 minutes wiping down doors. Thank you for your special spaghetti sauce made with love despite being tired and frustrated. Thank you for taking on this past year without hesitation. You could not have done it without each other.

Thank you for what you do.

In solidarity,

Joel Zillman

**The core funding to operate Nova House comes from the Manitoba Status of Women's Family Violence Prevention Program. Along with funding they provide great support and leadership to shelters across Manitoba.**



**The objectives of Manitoba Status of Women are:**

- Promote gender equality and the equal participation of all women in society
- Improve the economic, legal, social and health status of women
- Contribute to ending exploitation and violence against women

**They work to:**

- Identify the needs and concerns of Manitoba women
- Raise awareness of issues affecting women
- Partner with community organizations and other government departments to promote gender equality
- Bring the concerns and aspirations of women to the provincial government and ensure they are integrated into government programs, policies and legislation

**For more information about the Manitoba Status of Women please visit: [gov.mb.ca/msw](http://gov.mb.ca/msw)**

*I wish to extend my sincere thanks to Nova House for the work you do to help women and their families experiencing family violence. Your dedication to supporting women and their children to take their lives in a healthy, and positive direction is notable. The past several months have been particularly challenging for all of us, and I want to acknowledge the efforts of your organization in managing the COVID-19 response and keeping your essential service operational and responsive to community needs. On behalf of the Honorable Cathy Cox, Minister Responsible for the Status of Women and myself, thank you for the commitment and hard work of your Board of Directors, staff, and volunteers.*

*~ Jamie Carnegie*

*Executive Director, Manitoba Status of Women*

**The Family Violence Prevention Program (FVPP)** plans and develops community programs that help stop family violence. The program provides funding to community-based organizations that offer special services for abused women and their children and for men living with family violence.

There are 33 agencies across Manitoba that provide help for people affected by family violence. These agencies include:

- **10 women's shelters** that provide emergency shelter and counselling for women and children who are victims of family violence (also find accommodations for men who require a safe place).
- **A provincial toll free crisis line** that automatically links you with the nearest shelter that will provide safety.
- **nine women's resource centers** that provide information and referral, individual counselling and support groups for women, as well as children's programming.
- **four residential second-stage** housing programs that offer protective, affordable, long-term housing for women who leave an abusive relationship, but need more than just physical protection.
- **14 specialized programs** that provide individual counselling, open and closed support groups, longer term counselling, training for other service providers, public education, supervised access services for parents and their children and couples counselling.

**MANITOBA TOLL FREE  
CRISIS LINE**

**1-877-977-0007**

# MANITOBA ASSOCIATION OF WOMEN'S SHELTERS

## *Transforming Together*



### *A Project to Re-Envision Family Violence Services in Manitoba*

*Transforming Together* is a four year (June 2019-May 2023) domestic violence/family violence system change project hosted by the Manitoba Association of Women's Shelters (MAWS) and funded by Women and Gender Equality Canada (WAGE). This project is using a collective impact approach to engage and empower stakeholders to re-think and re-energize the collection of services operating within the sector, to amplify the voices of those with lived expertise and to address the causes of domestic and family violence rooted in the behaviours and structures of oppression (racism, colonialism, nationalism, sexism, ageism, ableism, heterosexism, etc.).

Key to advancing equality between women and men in the economic, social and democratic life of Canada is challenging and changing the trajectory of violence against women. The policies, programs and services related to domestic violence prevention and intervention are poised for an important and necessary paradigm shift that re-thinks and re-aligns what services are necessary, how and where they are delivered and who delivers them.

The overarching goal of this project is to build the capacity of the Domestic Violence shelter system in Manitoba to deliver effective intervention and prevention programs that support healing, safety and an end to violence.

**FOR MORE INFORMATION ON MAWS AND THE TRANSFORMING  
TOGETHER PROJECT PLEASE VISIT MAWS.CA**

***MAWS is dedicated to providing a unified voice for women and children who experience violence.***

*The organization, incorporated in 1991 as the Manitoba Association of Women's Shelters Inc., is a registered charitable organization. In the mid 1980s, women's shelters in the province of Manitoba began to work together to provide support, reduce the isolation of shelter directors, and stop the competition between shelters for funding dollars. The organization evolved, and was incorporated in 1991 as The Manitoba Association of Women's Shelters Inc. Membership includes ten provincially-funded women's shelters as well as affiliate members working on the area of family violence.*

*MAWS was created to provide: support to member shelters; increased negotiating abilities with funders; shared information and resources; increased public awareness; training of staff and improved services for clients.*



Canada  
Community Action Program  
for Children (CAPC)

MAWS is the holder of a **Community Action Program for Children (CAPC)** grant provided by the **Public Health Agency of Canada (PHAC)** that helps to fund the children's programs in the provincial shelters. This funding contributes to a children's worker salary, as well as a small amount provided for training and materials. Children's programs in shelters are critically underfunded. Teaching and modeling positive behaviour in children at the very earliest stages of growth can influence their choice to be violence-free as they mature, this is a crucial pathway to reducing interpersonal and family violence in future generations.

**NOVA HOUSE INC.  
STATEMENT OF FINANCIAL POSITION  
AS AT MARCH 31, 2020**

March 31,	2020	2019
<b>ASSETS</b>		
<b>CURRENT ASSETS</b>		
Cash	\$ 659,261	\$ 524,371
Accounts receivable, note 4	88,137	58,248
Due from related party, note 5	70,168	6,438
Prepaid expenses	93	15,169
	<b>817,659</b>	<b>604,226</b>
<b>CAPITAL ASSETS, note 6</b>	<b>53,516</b>	<b>-</b>
	<b>\$ 871,175</b>	<b>\$ 604,226</b>
<b>LIABILITIES</b>		
<b>CURRENT LIABILITIES</b>		
Accounts payable and accrued liabilities, note 7	\$ 49,676	\$ 78,181
Deferred contributions, note 8	106,860	80,545
Payable to Province of Manitoba, note 9	213,905	-
	<b>370,441</b>	<b>158,726</b>
<b>NET ASSETS</b>		
Invested in Capital Assets	53,516	-
Unrestricted	447,218	445,500
	<b>500,734</b>	<b>445,500</b>
	<b>\$ 871,175</b>	<b>\$ 604,226</b>

On Behalf of the Board:

Director: *D Jenkins*

Date: *sent 17, 2020*

Director: *Juan T...*

**NOVA HOUSE INC.  
STATEMENT OF OPERATIONS  
FOR THE YEAR ENDED MARCH 31, 2020**

	<b>2020</b>	<b>2019</b>
<b>REVENUE</b>		
Grants	\$ 569,067	\$ 721,723
Per diems	91,601	114,853
Rent Rise (EIA)	24,071	12,728
Fundraising	280	18,585
Donations	40,173	42,763
In-kind donations	9,241	33,236
	<b>734,433</b>	<b>943,888</b>
<b>OTHER INCOME</b>		
Interest income	14,346	8,568
Other income	811	-
Other - reimbursements and recoveries	-	4,352
	<b>15,157</b>	<b>12,920</b>
	<b>749,590</b>	<b>956,808</b>
<b>EXPENDITURES</b>		
Administrative	10,810	6,267
Board expenses	1,980	2,351
Building expenses	39,047	13,980
Client expenses	49,223	78,275
Dare to Dream scholarship	2,150	1,000
Event expenses	8,380	5,770
Office expenses	30,359	37,088
Professional fees	45,199	17,758
Staff expenses	495,200	580,664
Volunteer expenses	1,470	1,104
	<b>683,818</b>	<b>744,257</b>
<b>EXCESS OF REVENUE OVER EXPENDITURES</b>	<b>\$ 65,772</b>	<b>\$ 212,551</b>

*We couldn't do it without you!*

**COMMUNITY STAKEHOLDERS, FUNDERS, and DONORS provide us with operational and project funding throughout the year. We are so grateful for your support!**

*Province of Manitoba*

*Family Violence Prevention Program*

*Manitoba Housing*

*Employment and Income Assistance*

*Reaching Home Initiative of the Federal Government*

*Brandon Neighbourhood Renewal Corporation*

*Aaron's No Frills*

*Addictions Foundation of Manitoba*

*All Charities Campaign – Manitoba Finance*

*All Saints Church—Alter Guild, Matlock*

*Andrea Klassen Massage*

*Assiniboine Zoo*

*Bed Bath and Beyond*

*Breast Cancer Support Group*

*Bruno's Taxi*

*Cambrian Credit Union*

*Chapter S PEO Sisterhood*

*Community Action Plan for Children (CAPC)*

*Corpus Christi CWL Church*

*Darcy Purvis Law Office*

*Department of Justice Canada*

*Survivors and Victims of Crime Awareness*

*Victim Services*

*De Coster-Currie Foundation*

*East Beaches Senior Scene - SSMILE Program*

*ECDC*

*Evan Kreutzer Real Estate*

*Evening Branch of the Anglican Church Women, Stonewall*

*F.H. Black*

*Friendship Centre*

*Partners for Careers*

*Onashiwini Aboriginal Head Start Program*

*Gaynor Family Regional Library*

*Greek Orthodox Ladies Philoptochos Society*

*Grosse Isle Women's Institute*

*Growing Years Resource Center*

*Gutters Lawn and Windows*

*Harvester Fish Net. Co.*

*Henna by Nicole*

*Indigenous Court Worker Program*

*Interlake Eastern Health Foundation*

*Interlake Eastern Regional Health Authority*

*5 Dollar Club*

*Cancer Navigation*

*Mobile Wellness*

*Community Wellness Team*

*Public Health*

*Families First*

*Interlake Sexual Exploitation Educators*

*Jilly B's Hair Care*

*Loblaw Companies Limited*

*Lockport Wave*

*Lord Selkirk School Division*

*Ecole Selkirk Junior High - Student Collection*

*Comprehensive Secondary School - Class of 89'*

*Selkirk Adult Learning Program*

*Lord Selkirk Education Centre*

*Manitoba Metis Federation:*

*Employment & Training Program*

*Manitoba Nurses Union*

*Dr. Margaret Speer*

*Mary Kay Cosmetics - Kathryn*

*Mary Kay Cosmetics - Rhonda Ewanyshyn-Kapusta*

*Meadow Lea United Church*

*Meridian: Chiropractic and Health Centre*

*Mood Disorders Association of Manitoba*

*Mr. Ken Magic*

*Noventis Credit Union – Jean Day Fund*

*Packers Women's Fashion*

*Pinawa Friendship Block Quilters*

*RCMP*

*Red River Messenger*

*Richard Deeley*

*Royal Canadian Legion Ladies Auxiliary*

*Seerx Technologies*

*Selkirk Adult Learning Program*

*Selkirk and District Labour Council*

*Selkirk and District Community Foundation*

*Gaynor Family Fund*

*Kirstin's Walk for Kids Fund*

*Dare to Dream Endowment Fund*

*Sean Nicol Legacy Fund*

*Selkirk Court Office Staff Collection*

*Selkirk GM*

*Selkirk Lock & Key*

*Selkirk United Church*

*Shoebox Project*

*Shoppers Drug Mart Selkirk*

*Shoppers Drug Mart Teulon*

*Springfield Womens Institute*

*St. John's Lutheran Church*

*St. Mary's Catholic Women's League of Beausejour*

*St. Theresa's Catholic Women's League*

*Sunova Credit Union*

*Survivor's Hope Crisis Center*

*Three 6 Tea*

*UNIFOR—Social Justice Fund*

*Wayside Gospel Chapel Women's Ministry*

*Wells Fargo*

*Will's Taxi*

*Wings of Power*

*Winnipeg Foundation*

*For the sake of privacy, we have not listed individual community member donations. So many individuals have made donations to Nova House financially or by dropping off essential items to our shelter. **Our Heartfelt Thanks to all of you.***

***NOVA HOUSE*** relies on the donations and kindness of volunteers and donors.

*If you want to volunteer with us or donate please call **204-482-7882***

*email us at **info@novahouse.ca** or visit **novahouse.ca** for more information.*

# Our Amazing Team

Viktoria Westgate, *Executive Director*

Lisa Karol, *Staff Supervisor*

Tammie Bedard, *Twice Over Manager*

Joanne Mayo, *Counsellor*

*In 2020 Joanne retired after 20 years of service.*

*Thank you Joanne, for your dedication and commitment throughout the years.*

Laura Winters, *Outreach Coordinator*

Lana Young, *Counsellor*

Jasmine McGrath, *Life Skills Worker*

Jessica Beaulieu, *Life Skills Worker*

Tonya Kemball, *Children/Youth & Parenting Counsellor*

Pamela Williams, *Early Childhood Educator*

## *Residential Support Workers*

Sandy Begg

Hyoshin Jang

Kaelyn Proutt

Shaylynne Karol

Morgan Van Caeyzeele

Robin Jackson

Jessica MacClure

Alyssa Pruden\*

Breanna Bedard\*

*\*summer students*

## Board of Directors

Deb Jenkins, *Board Chair*

Joanna Tyrna, *Treasurer*

Vanessa Luloff, *Secretary*

Doug Simister, *Member*

Dr. Carolyn De Coster, *Member*

Ingrid Pflug, *Member*

Retha Simpkin, *Member*

Donna Simister, *Non-Voting Member*



nova  
house

Shelter and Support for  
Women and Children Experiencing  
Domestic and/or Family Violence

Box 337  
Selkirk, MB R1A 2B3  
novahouse.ca

General inquiries:  
204-482-7882  
info@novahouse.ca

24-Hour No Charge Crisis Line  
Province-Wide: 1-877-977-0007  
Local: 204-482-1200  
Text Line: 204-805-6682 (NOVA)